

Teen Adaptive

ADAPTIVE RECREATION SWIM

Have some fun in that water at the Centennial Recreation Center's indoor pool. The water play area will be turned on for some fun free play. Youth must be able to follow the direction of lifeguards or be accompanied by a responsible adult. Fee is charged at the door. Caregivers can enter the facility at no charge.

Instructor: Centennial Recreation Center Lifeguards
Location: Centennial Recreation Center, Pool

Date	Day	Time	Age
9/2-12/30	TH	3:30pm-4:30pm	3-18yrs

Resident: \$5 / CRC Member: Free
Non Resident: \$7 / CRC Member: Free

DANCE INTO AUTUMN

Get back into the swing of things this Fall season by dancing to the fun beats of our local DJ. Have fun meeting new friends and dancing the afternoon away. This event is designed for youth and adults with disabilities. There is no charge for parents or caregivers to stay at the event.

Instructor: CRC Staff and Volunteers
Location: Centennial Recreation Center, Multipurpose Room

Activity#	Date	Day	Time	Age	Sessions
FCRY001	8/27	F	6pm-8pm	12yrs+	1

Class fee:
Resident: \$6 / CRC Member: \$5
Non Resident: \$7 / CRC Member: \$6

Teen Aquatics

FUN 'N' FIT SWIM CONDITIONING

Where getting fit is fun! This is an introductory program, for ages 5-17 years, leading to potentially joining a swim team.

- Everybody Wins Philosophy
- Focus on FUN
- Emphasis on the four competitive strokes
- Individual recognition for all participants
- No USA Swimming Registration is required
- Must be able to swim one length (25 yards) free-style, one length (25 yards) back-stroke, and 15 yards breast-stroke
- No swim meet requirements

Instructor: Morgan Hill Aquatics Center staff
Location: Morgan Hill Aquatics Center

Activity#	Date	Day	Time	Age	Sessions
FACC001	9/7 - 9/30	T/TH	4pm-5pm	5-17yrs	8
FACC002	10/5 - 10/28	T/TH	4pm-5pm	5-17yrs	8

Resident: \$40 / CRC Member: \$35
Non Resident: \$45 / CRC Member: \$40

RED CROSS LIFEGUARDING CLASS

Classes are designed to provide the skills necessary to be an effective pool lifeguard. Training includes CPR for the Professional Rescuer, Standard First Aid and Lifeguard Training. Students must pass a basic swim test on the first day of class. Passing of class does not guarantee a position with the City of Morgan Hill. Proper bathing suit is required. For more information, please call Jolie Hunter at 408-782-2134 ext 4301.

Instructor: City of Morgan Hill certified staff
Location: Morgan Hill Aquatics Center

Activity #	Date	Day	Time	Age	Sessions
FACD001	9/19-10/10	SU	9am-5pm	15yrs+	4

Resident: \$175/ CRC Member: \$170
Non Resident: \$180/ CRC Member: \$175

Morgan Hill Splash

Aquatics Programspg 15
Recreation Swim Team, Water Polo Club

Swim Lessonspg 12-14



**Morgan Hill Recreation
Preschool**

Is your child ready to start school?
We can HELP!!

**Register today
for Fall 2010**

See page 16 for details.

